

Health and Safety Policy

Reviewed – January 2020

It is the policy of Salt and Sham Cycle Club to ensure as far as reasonably practicable, the health and safety of all club members engaged in club activities. Club activities are defined as those advertised on the club website, via club e-mail, or announced at a club meeting.

The Club Committee are to ensure that club organised events are managed safely. This entails a common sense approach to ensuring that actions identified in the risk assessments conducted for these activities are acted upon and that any adverse situations which could occur such as severe weather conditions during an activity is managed in a safe manner.

It is the responsibility of all club members to act safely and to look after other club members. Individual club members should bring to the attention of a club committee member any injury or other factor that may affect their health or that of another during a club activity.

Risk assessments have been completed for club organised rides and are reviewed annually by the committee.

First Aid kits are available at the Cricket Club clubhouse. Incidents that result in an 'accident or near miss' during a club activity must be reported immediately to a committee member. At the first opportunity the committee or quorum of the committee will decide what further action is to be taken.

There is a club procedure for dealing with emergencies, accidents or incidents on the club website